

SUSTAINABLE TRAVEL CHECKLIST



BEFORE YOU GO

- ☐ CHOOSE A GREAT TRAVEL ADVISOR
- ☐ RESEARCH LOCAL CULTURE & TRADITIONS
- ☐ DOWNLOAD LANGUAGE APP
- ☐ CONSIDER CARBON OFFSETTING YOUR TRAVEL

WHAT TO PACK

- ☐ REUSABLE WATER BOTTLE
- ☐ REUSABLE BAG FOR SHOPPING
- ☐ GREEN SHAMPOO/CONDITIONER BARS
- ☐ ECO FRIENDLY SUNSCREEN AND BUG REPELLENT
- ☐ RESUSABLE CUTLERY AND SNACK BAGS
- ☐ SOLAR CHARGER FOR DEVICES

WHAT TO DO

- HOW TO MAKE YOUR TRAVEL MATTER & REDUCE YOUR FOOTPRINT

- ☐ REFUSE SINGLE USE PLASTICS
- ☐ SHOP AND EAT LOCALLY
- ☐ PURCHASE LOCALLY MADE SOUVENIERS (AT A FAIR PRICE)
- ☐ AVOID PURCHASE OF WILDLIFE PRODUCTS LIKE IVORY
- ☐ DO NOT SUPPORT WILDLIFE MISTREATMENT OR USE FOR TOURIST TRAPS LIKE CUB PHOTOS OR ELEPHANT RIDES
- ☐ WHENEVER POSSIBLE REDUCE LAUNDERING BY REUSING TOWELS AND KEEPING LINENS FOR YOUR ENTIRE STAY
- ☐ WALK, BIKE, OR USE RAIL WHENEVER POSSIBLE
- ☐ TAKE SHORT SHOWERS AND AVOID BATHS
- ☐ TURN OFF ALL HVAC, LIGHTS, AND TV WHEN YOU LEAVE YOUR ROOM
- ☐ HONOR LOCAL CUSTOMS & CULTURE
- ☐ VOLUNTEER AT A LOCAL COMMUNITY CENTER